



A guide to School Nursing in Nottingham City



NHS

Who are CityCare?

We are your local provider of free, NHS, community healthcare services.

We have a long heritage of delivering high quality care for you and your family at home, or close to home in community settings such as health centres, school and GP surgeries.

We deliver a range of nursing and healthcare services – from health visiting and education for young families, to community nursing and home-based rehabilitation programmes for older people, to NHS walk-in centres and specialist diabetes and educational nutrition and dietetics sessions.

We provide quality care you can trust.

As a social enterprise, we are dedicated to building healthier communities. We work in partnership with patients, staff, partners and the local community to build a healthier more sustainable future for all.



The School Nursing Team

The School Nursing Team is led by a Specialist Public Health Nurse and includes Registered Nurses; Nursery Nurses; Health Care Assistants and Administrators.

We work alongside a variety of professionals including teachers; parents; carers; children and young people to promote and maintain good health.

We are an 'all year round service' for all 5-19 year olds and work in schools; health centres; homes and other venues to meet the needs of children and their families.



Young people have a right to speak to a health professional and it be confidential except where there is a risk to themselves or others. However, we always encourage young people to speak to their parent or carer.



Our Services

These services are offered for **every** child and young person in Nottingham Schools:

Primary School

Reception

A health questionnaire will be sent to you about your child's health. Your child will be weighed and measured with your consent as part of the National Child Measurement Programme.

Year 6

Your child will be measured again.

Secondary School

Year 7

A health questionnaire will be sent to you about your child's health. There will be an assembly in school to explain the role of the school nurse.

Your child will be asked to complete a health questionnaire.

Year 8

All girls will receive the HPV (Human Papilloma Virus) immunisation to protect them from forms of cervical cancer.

Year 9

All young people will be asked to complete a 'mid-teen' health questionnaire.

Drop-in Services

Every child and young person will have access to a regular, confidential drop-in service provided by a nurse.

Additional Services

We can provide advice, support and signposting to services for the following:

- Healthy eating
- Weight management
- Emotional health and wellbeing
- Behaviour support
- Self harm
- Eating Disorders
- Smoking cessation
- Drugs and alcohol
- Puberty and hygiene
- Dental health
- Keeping safe
- Sexual health
- Domestic violence
- Continence/Constipation
- Young carers
- General health promotion

These services can be offered on a one to one or group basis



Getting in touch with the School Nursing Team

- Clifton Cornerstone (including Meadows)
0115 878 6328
- Basford Health Centre
0115 883 3236
- Bulwell Riverside
0115 883 3455
- Mary Potter Health Centre
0115 883 8089
- St Ann's Health Centre
0115 883 8702
- Sneinton Health Centre
0115 883 8600
- Wollaton Health Centre
0115 883 3100
- Strelley Health Centre
0115 883 3315

Please call 0115 883 4333 if you are unsure which team to contact.

Getting in touch with CityCare

You can feed back any compliments, concerns, complaints or comments by:

T: 0115 883 9654

E: [customercare](mailto:customercare@nottinghamcitycare.nhs.uk)

[@nottinghamcitycare.nhs.uk](mailto:customercare@nottinghamcitycare.nhs.uk)

W: www.nottinghamcitycare.co.uk

If you would like this information in another language or format such as larger print, please contact: **0800 561 2121**

www.nottinghamcitycare.nhs.uk

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